

GASPEREAU VALLEY GAZETTE

A Celebration of Who We Are and Where We Live.

**Featuring: Community Announcements, Aunt May's Diary,
Recreation News, From the Pantry, and Choir Corner**

September 2025

What was Lost is Found

Fifteen years ago, Jim Hennigar bought a metal detector. He discovered his first relic and from then on was hooked on digging up the past. Some items are from the recent past, but many have been in the ground for hundreds of years.

During the winter months, Jim does his research as to where might be a good place to search once the ground is thawed. Then he and friend Mike MacPhee go out 4 times a week to various locations in Kings County looking to see what they can find.

Anytime Jim finds a spot to explore, he always asks permission of the landowner before getting started.

Often he turns up items that are simply garbage and those pieces of metal could potentially ended up in a bale of hay and cause the cow that accidentally ingested it a lot of problems. So the farmers are grateful to have it removed.

Over the years, they have turned up hundreds of coins (British, French, and Spanish) many from the 1700s. The oldest coin he has found dates from 1670.

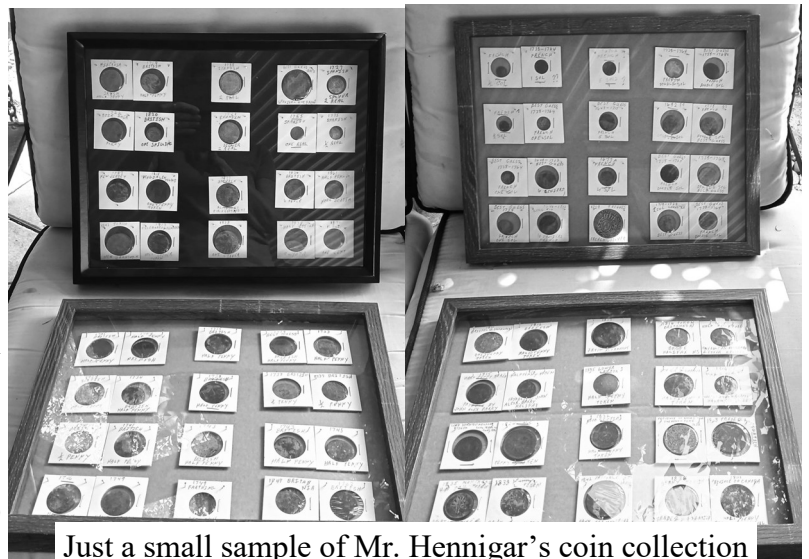
They have unearthed: buttons (many of them from military uniforms of different ranks), musket balls, buckles, etc. He told me the things he was most surprised to find were cannon balls.

The pair have found: axe heads, farming implements, horseshoes and Acadian oxen shoes. He said shoes for oxen predate the horseshoes because oxen were used in the area prior to horses being brought in.

(Found cont'd on pg. 3)



Musket Balls in the center
Cannon Balls to their right
Horse Bells upper right




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When We Meet

Gaspereau Valley Baptist Churches
Schedule of Events

All services at 10 a.m. unless otherwise noted.

Choir Practice- starting back up Sept. 11th.
Thursday Nights 7pm Walk-ins Welcome.

Wolfville Ridge Baptist Church - Sundays, 11:00

Annapolis Valley Welcome Network-Be part of the New Minas/Greenwich Welcome Group. Here's your chance to welcome newcomers and show off your part of the Valley. Contact Welcome Chair Cynthia Urtubia

Cynthia.u1114@gmail.com

For more information on the group visit
www.haveitallav.ca

The **Valley Women's Business Network (VWBN)** meets the second Wednesday of each month. See our website for details: www.vwbn.ca

Monthly Meeting of **White Rock Community Association** is the last Thursday of every month at 7pm. Downstairs (lower parking lot). Next regular meeting is Sept 25th. New members are always welcome!

Wolfville & Area Newcomers Club- The club meets the 2nd Thursday of each month at 7:00 p. m. at the Wolfville Legion. Visit our website <http://www.wolfvillenewcomers.org> or our Facebook page "Wolfville and Area Newcomers Club" for the most up-to-date information.

Wolfville Silver and Gold-Tuesdays 1-4p.m.
Wolfville Lions Hall, 36 Elm Ave.

Bingo, cribbage, Skipbo, 45s, etc. Coffee, tea, and snacks are plentiful.

Contact Club President, Eve Deir at 902-681-0534.



Announcements:

80th Birthday Celebration

Join us in celebrating Rev. Gary Manthorne's 80th birthday Sept. 27 from 1:30 - 4:00 at the White Rock Community Centre. Best wishes only.

Gaspereau Church

If anyone wishes to display War Time Items at this year's Gaspereau Church Remembrance Day Service please contact at 902-670-1787 or info@gaspereau.ca

The theme for decorating the Gaspereau Church Open House this Christmas is "Mary Did You Know" and we are looking to borrow manger scenes. If you have a unique manger scene or a special childhood manger scene that you would like to loan us please contact 902-670-1787 or info@gaspereau.ca

Gaspereau Hall

*For hall rentals call or text
Chris Gertridge at 902-300-9771.

Wolfville Legion

***Tea & Coffee Social** - Join us at the Wolfville Legion for coffee, tea, and snacks every Wednesday morning from 9:30 to 11. Enjoy meeting new or old friends in our recently renovated Legion building. Everyone welcome. Freewill donation.

Wolfville Lions Club Takeout Supper

***Take-out supper** Call: 902-542-4508 or email: wolfvillelionsclub@hotmail.ca for details.

Wolfville Ridge Baptist Church

***Hymn Sing** September 21st at 7:00 p.m. Special musical guest will be Harold Hunt.

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(Found cont'd from pg. 1)

Horseshoes above and Axe heads below



Bits of Broken Pottery

Jim's collection includes bits of harmonicas and juice harps, knives and forks (some forks have tines that look dangerously pointy), spikes and nails, metal parts from harnesses, and metal bag seals from mailbags, for example.

It's not just metal objects they've come across, but clay pipe stems, pottery shards, bits of glass, and pieces of bricks.

Jim even gets called to bring his metal detector and recover things like car keys that were lost when the person was out for a walk.

There are a few things in his collection that he is still puzzling over as to just what they were used for, but that's what makes it interesting and I suppose it's one reason he is still at it this many years later.

- Daphne Frazee

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Seeking Quality Listening Time?

Gaspereau Church Office Hours
with Lic. Ben Davidson

9:00-11:00am, Monday/Wednesday/Friday

The Idea Shop

Tips for Winterizing your BBQ

There are still lots of opportunities to grill before winter sets in, but when the time comes to fold up the lawn chairs for the last time here are some tips.

To protect your grill from the elements, invest in a good cover.

Clean the grill one last time by starting it up and, with the lid closed, run it on high for twenty minutes to burn off any food particles.

If anything remains, allow the grill to cool and then remove it by soaking it in warm, soapy water. Rinse and dry before placing it back on the BBQ.

Scrub off any other dirty parts. Make sure everything is completely dry before storing it for winter.

As for the propane tank, disconnect the tank. It is a good time to check over the lines, controls, etc. to make sure they are in good shape for next season.

Always store the tank outside in an upright position. Clean the surface of the tank and cover.

Majestic Maples (Our Canada)

There are wonderful, brilliant, coloured leaves of trees

Around Thanksgiving after the frost appears in fall weather

There is fun & frolic in the fallen leaves

After the leaves are raked & gathered

And people can jump & throw leaves

A picture can show an array like a mime

And spontaneous leaves can be seen

A "motion picture" /a "still pattern in time"

In spring, maple trees are tapped & the sap is collected

And sap is evaporated & made into Maple Syrup

The weather should be below zero at night with snow on the ground

And above zero in the daytime until flies come

Maple trees can live 100 years or more with winged seeds like "helicopters"

The maple leaf is our Canadian flag symbol

They produce shade in hot weather

And pattering rain or wind gusts one says unmistakable.

Mary Jordan

HTTP

What does HTTP stand for in a web address? HTTP and HTTPS refer to the channel provided for the transmission of data from the web server to a computer.

H for Hyper, T for text, T for transfer, P for Protocol

The S on the end indicates that the channel is secure. Financial institution would use this channel, for example.

-Daphne Frazee, Research by Conrad Davison

*<https://www.lifewire.com/what-do-http-and-https-stand-for-3482375>

Humour

My wife told me to stop impersonating a flamingo, I had to put my foot down.

My wife just found out I replaced our bed with a trampoline, she hit the ceiling!

Winter: the season when we try to keep the house as hot as it was in the summer, when we complained about the heat.

Some cause happiness wherever they go, others whenever they go.

I just burned 2,000 calories.

That's the last time I leave brownies in the oven while I nap.

<https://pun.me/jokes/one-liners/>

Gaspereau Church Service at the River

Followed by Hot Dog BBQ

10:00 a.m. Sunday, September 7th



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Recreation News



Deep Roots Music Festival

September 26–28, 2025 Wolfville, Nova Scotia

The 19th annual Deep Roots Music Festival is set to fill the streets and stages of Wolfville with music, colour, and community from September 26–28, 2025. Presented by the Deep Roots Music Cooperative, the festival continues its proud tradition of showcasing the best of Atlantic Canadian music alongside unique collaborations, cultural celebrations, and family-friendly programming.

Wolfville Terry Fox Run Sept. 14th

The run start will be at the Wolfville and District Lions Club Community Centre, 36 Elm Avenue.

Registration for the 10 a.m. run/walk/bike/roll start begins at 9:30 a.m. Those unable to make the 10 a.m. start are welcome to register and participate later in the day. The Terry Fox Run centre at the Lions Hall closes at 1 p.m.

For further information or to register online, go to <https://run.terryfox.ca/wolfville>.

If you would like to join the team of volunteers in Wolfville, contact Mr. Collicutt at richard.collicutt@gmail.com.

Wholehearted

Melissa Townsend

Now until September 7, 2025

Harvest Gallery – 462 Main St, Wolfville, NS
(902) 542-7093

White Rock Community Association

Fitness Fun for Seniors & Others every Tue. & Thurs. @ 9:30am to 10:30am. \$3 drop in fee. No sign-up required. Everyone welcome. Starting Sept 4th.

TIME™ (Together in Movement & Exercise™) for those with balance & mobility challenges due to injury or illness. Every Tue. & Thurs. 11:00am to 12noon. Licensed through UHN Toronto Rehab. Call Robin (902-297-7389) or Phyllis (902-542-3733) or email phyllis.crowe@gmail.com to inquire/register. Starting Sept 4th.

Makers Meet downstairs (lower parking lot) on Wednesdays 10:00am to 2:00pm. Open to any makers/crafters/artisans who want space & community to bring your projects & create. \$3 drop in fee. Once a month there are optional Learn-a-New-Skill days. Call Judy (542-5182) or Phyllis (542-3733) or email

phyllis.crowe@gmail.com to enquire or just drop in. Starting Sept 24th with Flower Arranging with the Gaspereau Flower lady - see our FB page for details & price.

Chair Exercise every Friday 11:00am to 12noon. Combines aerobics, core strengthening, bone density improvement, all without leaving the stability of your chair. \$3 drop in fee; no sign-up required. (This is not chair yoga.) Everyone welcome. Starting Sept 5th.

New to the community? If you want to attend an event as our guest, we'd love to have you. Call Sandra 697-2228, Edna 542-2002, or Jeannie 542-7410.

Meet the Author
Donna Jones Alward
September 21st, 2-4pm
Come meet Nova Scotian author Donna Jones Alward and chat with her about her latest historical fiction novel:
SHIP OF DREAMS
Free Admission
Light refreshments will be served
Prescott House museum
A DEPT. OF THE NOVA SCOTIA MUSEUM



Looking for the Gaspereau Valley Gazette?

A limited number of paper copies are available at the end of each month at: Avery's Farm Market (Greenwich), White Rock Community Centre, Gaspereau Baptist Church, Gaspereau Elementary, Reid's Meats, Just Us (Hortonville), Stirling Farm Markets, The Real Scoop, Riverborn Farm, Gaspereau Valley Fibres, and the Wolfville Ridge Baptist Church.

Don't miss an issue. Read the Gazette on our website or ask to be put on the *email* mailing list.

FROM THE PANTRY



One Last BBQ

Pork Chops with Maple/Pumpkin Sauce

1 T. olive oil	1 c. grated onion
2 c. catsup	1 c. canned pumpkin puree
3/4 c. chicken broth	1/4 c. dark brown sugar
1/4 c. maple syrup	1/4 c. apple cider vinegar
1 T. chili powder	1 T. Worcestershire sauce
1 t. garlic powder	1 t. smoked paprika
1 t. pumpkin pie spice	1/4 t. kosher salt
1/4 t. freshly ground black pepper	

Four 1-inch-thick bone-in pork chops
Salt and freshly ground black pepper
Vegetable oil, for brushing

Sauce: Warm the oil over medium heat. Toss in the onions and cook for 4 or 5 minutes until soft. Add the remaining ingredients listed above and combine.

Reduce the heat to low and simmer until thickened, 20 to 30 minutes. (Thin with a bit of water or broth, if it gets too thick.)

Pork chops: Preheat the grill to medium-high. Season both sides of the pork chops with salt and pepper. Brush each side with some oil and grill, 4 minutes per side.

Before serving, baste the pork chops on each side with the sauce and grill an additional minute per side.

Serve the chops with extra sauce.

Grilled Brussel Sprouts

2 lb. Brussels sprouts, halved
2 T. unsalted butter, melted
2 T. olive oil
2 t. salt and freshly ground black pepper
8 slices bacon
Zest of 1 lemon
Crushed red pepper flakes, optional
2 T. grated Parmesan, optional

You will be using indirect heat to cook the Brussel sprouts, so turn all the burners to medium-high. When 15 minutes has elapsed, turn off one burner, leaving the rest on medium high.

Prepare the sprouts by coating them with the melted butter, oil, 2 teaspoons of salt and a little black pepper.

Create a layer of bacon on the bottom of a 12 X 24 grill basket. Place the Brussel sprouts on top.

Close the top and cook on the BBQ with the bacon-side up, this will flavour the sprouts.

Close the lid on the BBQ and let the sprouts cook for 15 to 20 minutes. (The Brussel sprouts should be tender and dark golden colour at this point.) Turn the basket over and cook for an additional 2 to 3 minutes to crisp up the bacon.

Gently transfer the Brussel sprouts to a serving dish and top with crumbled bacon and a bit of lemon zest. (At this point, you can add the red pepper flakes and Parmesan cheese, if you wish.)

Apple Crisp on the BBQ

5 c. peeled, cored and sliced cooking apples
3/4 c. all-purpose flour
3/4 c. large flake rolled oats
1/2 c. white sugar
1/2 c. light brown sugar
3/4 t. ground cinnamon
Pinch salt
1/2 c. unsalted butter

Preheat one side of the BBQ at medium-high for 15 minutes.

Place the apples in a 10 to 12 inch cast-iron frying pan.

Whisk the dry ingredients together in a bowl. Cut in the butter until you have coarse crumbs for the top of the apples.

Put the skillet on the grill over the burner that is turned off for indirect heat.

Close the lid and allow to cook until the apples are tender and the topping is crispy, approximately 30 to 40 minutes.

Serve warm or at room temperature.

Smiles

A man sued an airline company after it lost his luggage. Sadly, he lost his case.

What do you call a priest who becomes a lawyer?
A father in law.

8 vowels, 11 consonants, an exclamation mark, and a comma appeared in court today.
They are due to be sentenced next week.

<https://csdisco.com/blog/a-collection-of-17-groan-worthy-legal-dad-jokes>



Aunt May's Diary

January 1917 - October 1971

Sept. 1, 1935 - Sunday. Took gladiolas to church. Afternoon took flowers and went to cemetery and was there when E. Westcott's remains arrived. Heard there was a car accident with a death.

Went to see how Flo was coming along. She did not ring her bell from upstairs so stayed the evening visiting others.

Sept. 2, 1935 - Cleaned out garage for Flo's quilting. Ladies called for more stuff.

Sept. 3, 1935 - Hattie called this morning and we talked until eleven. Went with her to Rev. Vallis and got key to church to get the gladiolas. Took bouquet to Flo and exchanged Readers Digests with Grace. Gave bunch of flowers to Hattie and kids. Invited to tea at the "Little House".

Sept. 4, 1935 - Flo came this afternoon and put quilt in frames and quilted some. Rev. Vaughan called and bought straps and traces for \$2.50.

Sept. 5, 1935 - Great day for me, but I forget all about (my birthday) until Cassie called. Helped Flo and Mrs. Schofield quilt. Flo brought big mushrooms. Rained hard today.

Sept. 7, 1935 - Cyril's birthday. Packed a box with cookies, etc. and sent. Bruce and Cyril called tonight, but I did not go to town but went to bed early. Boys called all day with mushrooms to sell.

Sept. 8, 1935 - Robert, Verna and family here to dinner. Went to the Eagles today for a visit. Went over to Edson's with Cassie and her daughter in law and grand children. Saw Mrs. Nat Eagles.

Sept. 9, 1935 - Took a trip to cemetery and mushroom hunt. Left some at Flo's.

Sept. 10, 1935 - Raining hard this morning. Brother Coldwell called with interest. Went with Flo and Randy to town this afternoon and later they came to quilt. Cold in the garage so put it in the big room. Got a letter from Marion.

Sept. 11, 1935 - Cassie, Madeline, Carey and Mrs. Evertt K. came to help Flo get out quilt. We had a treat of sandwiches, cake, cookies, and jelly roll the last my contribution.

Sept. 12, 1935 - Trying to find out if anyone is going to Yarmouth to the wedding. Worked in garden gleaning and pickling pears and a few apples. Warm today so decided to tar and sand garage roof. Got it done, but tried and lame (lol! Readers can you believe it? The work that woman did!)

Sept. 13, 1935 - Making hospital apron. Madeline called

to ask me to make one. Bruce called and took me to town to bur flour bags to finish quilt I am making for Lib. Took pears to Cassie and wrote a letter to Marion.

Sept. 14, 1935 - Sent letter this morning. Bruce called. Have decided to go with him to Digby and perhaps all the way to Yarmouth. Finished slip and overhauled my old things. Arnold put two sows the barn, but no feed. I feed them grass. Bruce may not be able to go to Yarmouth in the end.

Sept. 15, 1935 - Sunday. Raining in torrents. Went to church for shame sake. Had quiet day looking over and picking up and reading.

Sept. 16, 1935 - Got everything ready as possible. Took tomatoes and pears to Cassie. Bruce called tonight.

Sept. 17, 1935 - All ready, hurrah! No Bruce as yet. Weather fine, but cold. Went to Digby with Bruce.

Sept. 18, 1935 - Went this afternoon to Hebron with George and Marion. Everything went with a flourish. We made the mistake of passing out plates too soon and most of the company in the room did the same Tee Hee! food was gone. Bruce shook before the fatal hour arrived, but was calm at the last (I assume readers that it was Bruce getting married.) Drove into Yarmouth to get two men attending a ball game and got back safely.

Sept. 20, 1935 - Still in Yarmouth stayed with Marion and ripped up another of those wool padded quilts and helped her can. Bruce and Alice showed up for tea.

Sept. 21, 1935 - We took a walk over to the Pines golf links and got in range of the balls. Tried to get a picture and got a few mushrooms. Teddy Weir accompanied us.

Sept. 22, 1935 - Sunday. Stayed and went to the band concert in the afternoon and church at night.

Sept. 33, 1935 - We went to see Mrs. Brunch and she squeezed my hand off! Also saw Mrs. Collins. Mrs. Weir called.

Sept. 24, 1935 - Bruce and Alice arrived and car was loaded to the gunnels. Stayed to tea. I managed to wedge in with my stuff and come home.

Sept. 25-26, 1935 - Looking after garden stuff. Grapes and all pretty well picked as far as I can reach. Not all ripe

Sept. 27, 1935 - Dyeing and sewing quilt for Lib. Call from Mrs. Everett Kennie.

Sept 28, 1935 - Tried and got quilt out of frames. Cold. Another letter from Mrs. B.W. thanking us.

Sept. 29, 1935 - Sunday. Rainy and very warm. Church this morning. Read Readers Digests and took a stroll over tailrace for mushrooms, but did not see any. Bruce and Alice here when I came back to return flatirons.

Sept. 30, 1935 - Arose early and got ahead of the others for a mushroom hunt. Got basket full and left some for Flo. Went again tonight to Flo's.

-Submitted by Zelda Weatherbee

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