

GASPEREAU VALLEY GAZETTE

A Celebration of Who We Are and Where We Live.

Featuring: Community Announcements, Aunt May's Diary,
Recreation News, From the Pantry, and Choir Corner

October 2025



The Muttart Conservatory

The Muttart Conservatory, in Edmonton, Alberta is worth visiting, if you get the chance. It contains one of our country's largest collection of plants under glass.

The conservatory is made up of four glass pyramids designed by architect Peter Hemingway, each with its own climate-controlled environment. The two large pyramids cover an area of 7,100 sq. ft. The two smaller ones cover 4,400 sq. ft. Together they are home to 700 different types of plant species.

One pyramid is devoted to dry, desert conditions. Another offers a tropical environment and the third features plants from the temperate zone.

Pyramid number four is their feature pyramid. The display here varies every few months. For example, the theme from June 28 to September 21 this year was Imagination.

Around every turn there were fairies, or a dragon, or a door to a hobbit's home. Visitors could go
(Muttart continued on page 3)



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When We Meet

Gaspereau Valley Baptist Churches
Schedule of Events

All services at 10 a.m. unless otherwise noted.

Choir Practice- Thursday Nights 7:00 p.m.
Walk-ins Welcome.

Wolfville Ridge Baptist Church - Sundays, 11:00

Annapolis Valley Welcome Network- Be part of the New Minas/Greenwich Welcome Group. Here's your chance to welcome newcomers and show off your part of the Valley. Contact Welcome Chair Cynthia Urtubia

Cynthia.u1114@gmail.com

For more information on the group visit
www.haveitallav.ca

The **Valley Women's Business Network (VWBN)** meets the second Wednesday of each month. See our website for details: www.vwbn.ca

Monthly Meeting of **White Rock Community Association** is the last Thursday of every month at 7pm. Downstairs (lower parking lot). New members are always welcome!

Wolfville & Area Newcomers Club- The club meets the 2nd Thursday of each month at 7:00 p. m. at the Wolfville Legion. Visit our website <http://www.wolfvillenewcomers.org> or our Facebook page "Wolfville and Area Newcomers Club" for the most up-to-date information.

Wolfville Silver and Gold- Tuesdays 1-4p.m.
Wolfville Lions Hall, 36 Elm Ave.

Bingo, cribbage, Skipbo, 45s, etc. Coffee, tea, and snacks are plentiful.

Contact Club President, Eve Deir at 902-681-0534.



Announcements:

Black River Community Hall

Harvest Ticket Auction

989 Deep Hollow Road

Saturday, October 4, 2025

Viewing from 1-2 pm, Auction Following

Tickets: 10 for \$2 / 30 for \$5

Many items: garden bounty crafts, felted items, gift certificates, gently used items, preserves, baked good, produce & more ... donations accepted
Contact Diane 902 542 5173 or Clara 902 542 3180 for donations or more information.

Also Available Cake Draw and Canteen

Gaspereau Church

If anyone wishes to display War Time Items at this year's Gaspereau Church Remembrance Day Service please contact at 902-670-1787 or info@gaspereau.ca

The theme for decorating the Gaspereau Church Open House this Christmas is "Mary Did You Know" and we are looking to borrow manger scenes. If you have a unique manger scene or a special childhood manger scene that you would like to loan us please contact 902-670-1787 or info@gaspereau.ca

Gaspereau Hall

*For hall rentals call or text

Chris Gertridge at 902-300-9771.

Wolfville Legion

***Tea & Coffee Social** - Join us at the Wolfville Legion for coffee, tea, and snacks every Wednesday morning from 9:30 to 11. Enjoy meeting new or old friends in our recently renovated Legion building. Everyone welcome. Freewill donation.

Announcements cont'd on pg. 6

Seeking Quality Listening Time?

Gaspereau Church Office Hours
with Lic. Ben Davidson

Wednesdays 2:00p.m.-4:30p.m.
or by appointment 902-680-5700.

Bible Study, Wednesdays 6:00p.m.

Examining 1 Samuel, The Epic Saga of King David.

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on a scavenger hunt trying to find things like: a lock of Rapunzel's hair, a red cape and picnic basket left behind by Red Riding Hood, Robin Hood's bow and arrows, and Aladdin's lamp.

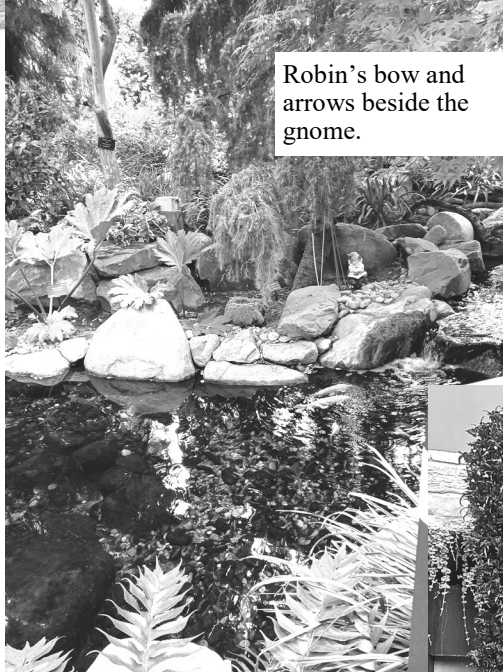
How did all this come about? It began with a major donation from the Gladys and

Merrill Muttart Foundation with both the province of Alberta and the City of Edmonton making up the rest.

Just who was Merrill Davis Muttart? Well, there is a Maritime connection. He was born in Summerside, Prince Edward Island on March 6, 1903. By the time Merrill was ready for high school, his father had relocated the family to Edmonton. While in high school, Merrill met his future wife Gladys.

He became a successful businessman with companies like M.D. Muttart Lumber Ltd. which specialized in prefabricated homes and building supplies.

-Daphne Frazee



Robin's bow and arrows beside the gnome.



Arid Pyramid



Giant Seahorse made of Succulents.

https://en.wikipedia.org/wiki/Muttart_Conservatory

https://www.edmonton.ca/attractions_events/muttart-conservatory

DJF photos

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The Need to Communicate

People have always found ways of communicating with each other. We may have started out using drums, flags, and clay tablets, but things progressed to the telephone, telegraph, etc. Then along came email.

Email (electronic mail) is an extremely effective way of sending messages. In 1971, Ray Tomlinson, who had invented AUTODIN in 1962, came up with the idea of email. It only took a few years for it to become widely used.

People liked the idea of sending messages around the world with a push of a button. Initially, both parties had to be online at the same time for it to work. Today, the servers receive the email and store it until the person on the other end signs in to their account and then the message is sent. If you happen to be online already, then you get it right away.

At first, you were only able to send text, but now you can attach photos, videos, documents, and community newspapers.

https://en.wikipedia.org/wiki/history_of_email

-Daphne Frazee, research by Conrad Davison

I didn't see the moonlight
As one might

I wish I had a picture of that sight
A collage of bright & white
I always remember those nights
A bedroom haven-just right

Mary Jordan

White Rock Cemetery

September 12th saw a reception at the White Rock Community Hall to thank the White Rock Cemetery Caretakers for their service.

The cemetery itself is now into its 3rd century of giving nondenominational support to the community. Beginning in the early 1800s, a succession of caretakers have maintained the cemetery's records thus preserving precious historical and cultural information about the community's roots.

To ensure that this continues going forward, the records, land, equipment, etc. have been entrusted to the White Rock Community Association. The association recognizes the significance of preserving this history and is deeply humbled. -Daphne Frazee

First Fall Frost

I remember years ago
When we didn't have double windows
And the bedroom was cold
At least below zero (degrees C)

There was frost on the windows
And there was ice also
I remember seeing leaf patterns
on the window
Near the electrical wires & snow

We had an outdoor light
Perfectly showing a shimmering sight



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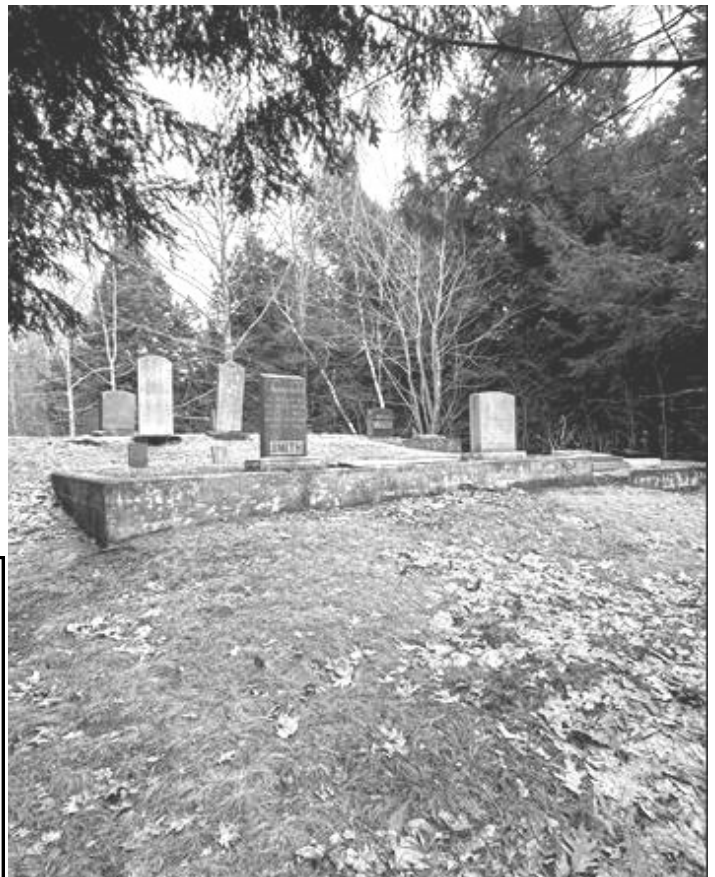


Photo thanks to Phyllis Crowe

FROM THE PANTRY



Stocking Up

Making your own stock: chicken, vegetable, etc. is a great way of making use of every bit of a chicken or leftover veggies. It can be used to enhance the flavour of sauces, soups, and stews.

Chicken Stock

leftover bones from two chickens
2 carrots, scrubbed clean and chopped
2 stalks celery, chopped
2 parsnips, scrubbed clean and chopped
2 bay leaves 2 sprigs fresh thyme
1 large onion, cut into wedges
1 t. kosher salt 1/2 t. black pepper

Place the chicken bones you have collected in a big slow cooker with all of the remaining ingredients.

Add enough water so it rises a couple of inches above the ingredients.

Cook on **Low** for 10 to 12 hours. (Let it cook while you are at work, for example.)

Remove any fat or impurities that have floated to the top. Strain the remaining liquid through a fine-mesh strainer, then pour into jars.

Vegetable Stock

1 T. olive oil 4 cloves garlic, minced
2 large onions roughly chopped
4 ribs celery roughly chopped
3 carrots chopped 1 T. tomato paste
8 c. water 3 dried bay leaves
A few sprigs of parsley and thyme
Salt and pepper

In a large pot, heat the oil on medium heat.

Add the vegetables and cook for approximately 5 minutes, stirring often.

Stir in the tomato paste and allow to cook for an additional minute.

Add the water and dried herbs. Increase the heat until it boils. Lower the heat and simmer for forty-five minutes with the lid ajar.

Pour the resulting liquid through a fine mesh strainer into a large pot or bowl.

If you are not going to use it right away, the cooled broth can be placed in the freezer for as long as 6 months. (Freeze in 2-cup lots.)

Chicken Stew

1 1/2 lbs. boneless, skinless chicken breast
1 t. salt 1/4 t. black pepper
3 T. butter, divided
1 T. olive oil
1 yellow onion diced
2 t. minced garlic about 1 clove
4 carrots peeled and cut into bite-sized chunks
4 celery ribs trimmed and sliced
1 1/2 lbs. red potatoes scrubbed and cubed
4 c. chicken broth
1 t. ground sage 1 t. dried thyme
1/2 t. dried rosemary 4 whole bay leaves
1/4 c. cold water 2 T. cornstarch
2 t. chopped fresh parsley for garnish

Dry off the chicken breasts with some paper towel and season with the salt and pepper.

Dice the onions and cut the peeled carrots into cubes. Prepare the celery stocks and cut them into thin slices.

Wash the potatoes well and take out any odd bits. Cut them into cubes.

Melt 1/2 tablespoon of the butter along with 1 tablespoon olive oil in a large pot over medium-high heat. Brown the chicken breasts for 5-7 minutes on each side. Check to see if they are cooked through.

Remove chicken from pot and shred into bite-sized pieces.

Put the rest of the butter in the same pot and heat over medium-high. Add in the prepared garlic, carrots, and celery. Cook until soft, about 8-10 minutes.

Add in the chicken broth, potatoes, and chicken. Flavour with the bay leaves, sage, rosemary, and thyme.

Heat until it comes to a boil, lower the heat to low, cover and let ingredients simmer for 15 minutes. Stir occasionally, checking to see if the carrots and potatoes have become tender.

Whisk 1/4 cup of water with 2 tablespoons of cornstarch. When dissolved, add to the stew. This should thicken the stock in about 10 minutes.

Taste to see if more salt and pepper should be added. (Take out the bay leaves at this point.)

The Idea Shop

Here are some easy, inexpensive ideas to jazz up your living space.

1. Repurpose a pretty China teacup that is missing the saucer or a slightly cracked teapot by using them as planters.
2. Add colour to your kitchen by displaying some of your mugs.
3. Hang your wooden cutting boards on the wall above your stove, if you have space.
4. Pick up an interesting piece of driftwood on the beach and use it as a rod to suspend plants from.
5. Create a point of interest in a space by framing some wallpaper. This on a neutral wall will make it pop.
6. Add a small ceramic tray beside your sink to keep your soap on.
7. To add extra interest to your plants, you could place them in unique planters. For instance, teapots make great homes for small succulents.

<https://www.housedigest.com/946053/best-interior-decorating-hacks-to-revamp-your-space/>

Don't forget to send in your tips: on creative projects, budget-stretching, menu ideas, etc.

Announcements cont'd from pg. 2

Wolfville Lions Club Takeout Supper

***Take-out supper** Friday, October 24. Pick up between 4:30 and 5:30. \$20 a person. Menu is: roast beef and gravy, mashed potatoes, corn, carrots, and roll. Choice of dessert is apple lemon or coconut cream pie.

Call: 902-542-4508 or

email: wolfvillelionsclub@hotmail.ca for details.
***Lions Club big breakfast** on October 18. (Held the third Saturday of every month.) The cost is \$10 adult. Menu is: bacon, sausage, pancakes, scrambled eggs, toast, homemade baked beans, hashbrown juice, tea, and coffee. Time 8 AM to 10 AM.
36 Elm Ave. Wolfville.

Wolfville Ridge Baptist Church

***Ticket Auction** Oct. 18th at the Greenwich Fire Hall. Doors open at 11:00. Draw at 1:00 for viewing.

***Hymn Sing** Oct. 19 at 7:00 p.m. Special musical guest will be Matt Lunn. Refreshments following.

***Music Jams** Mondays at 1:30.

***Music Afternoon** at the Greenwich Fire Hall at 1:00. Freewill Admission. 50/50 Draw. Canteen.

Humour

Did you hear about the new sushi bar that caters exclusively to lawyers?
It's called Sosumi.

<https://csdisco.com/blog/a-collection-of-17-groan-worthy-legal-dad-jokes>

"What do you call a hot dog on wheels?"
"Fast food!"

"Where do young trees go to learn?"
"Elementree school."

<https://www.countryliving.com/life/a27452412/best-dad-jokes/#best-dad-joke-puns>

Why can't you give Elsa a balloon?
Because she'll let it go.

Why was the math book sad?
Because it had too many problems.

Why do cows have hooves instead of feet?
Because they lactose.

What do you call a dog magician?
A labracadabrador.

<https://www.hilariousjokesworld.com/archives/20965>

Advertising Space & Cost

The sizes of the advertising spots are as follows: a business-card-size advertisement measures 9.3 cm x 5.0 cm for 1 month- \$35.00 or 4 months- \$105.00, the 1/4 page ad. space is 9.3 cm. x 12.4 cm for 1 month- \$55.00 or 4 months- \$185.00, a half-page (vertical) is 9.3 cm. x 24.8 cm for 1 month- \$100.00 or 4 months- \$365.00, a full-page ad. is \$190.00.



Looking for the Gaspereau Valley Gazette?

A limited number of paper copies are available at the end of each month at: Avery's Farm Market (Greenwich), White Rock Community Centre, Gaspereau Baptist Church, Gaspereau Elementary, Reid's Meats, Just Us (Hortonville), Stirling Farm Markets, The Real Scoop, Riverborn Farm, Gaspereau Valley Fibres, and the Wolfville Ridge Baptist Church.

Don't miss an issue. Read the Gazette on our website or ask to be put on the *email* mailing list.



Recreation News



White Rock Community Association

Fitness Fun for Seniors & Others every Tues. & Thurs. - 9:30am to 10:30am. \$3 drop in fee. No sign-up required. Everyone welcome.

TIME™ (Together in Movement & Exercise™) for those with balance & mobility challenges due to injury or illness. Every Tues. & Thurs. 11:00am to 12noon. Licensed through UHN Toronto Rehab. Call Robin (902-297-7389) or Phyllis (902-542-3733) or email phyllis.crowe@gmail.com to inquire/register.

Chair Exercise every Friday 11:00am to 12noon. (Not yoga.) Combines aerobics, core strengthening, bone density improvement, all without leaving the stability of your chair. \$3 drop in fee; no sign-up required. Everyone welcome.

Makers Meet every Wed 10:00am to 2:00pm starting Oct 1st. Bring your projects & hang out with other creative people. \$3 drop in fee. Once a month there are optional Learn-a-New-Skill days. Call Judy (542-5182) or Phyllis (542-3733) to enquire or just drop in. Downstairs (lower parking lot) - the door nearest the generator.

Card Making with Diane Ells starts on October 15th and continues every third Wednesday 9:30am to 12:30pm. \$10/person. Downstairs (lower parking lot). Pre-registration is appreciated, but not required. Call Judy (542-5182) or Phyllis (542-3733) to enquire.

Trunk or Treat - new & family friendly! - Friday, Oct. 31st. For everyone who wants to bring their vehicle, their treats, their sense of fun & community, and enjoy a night with the kids. There will be prizes! Call Phyllis 902-542-3733 to enquire/register.

Card Parties (45s) start Nov. 4th - every Tuesday afternoon at 1:30pm. Everyone welcome - just drop in. \$4 fee. Snacks + prizes. CHAIRMAN NEEDED. Call Sheila (542-7073), if interested.

Breakfast & Cake Auction: Sat., Nov. 8th 8:00am to 10:00am. \$10 per person - \$5 for 5 & under

Al Whittle Theatre— Wolfville

Rocky Horror Show- Live on Stage
Oct. 2nd to the 18th. October 2nd (7:00-10:00) is Pay What you Want Night.

Please Note: Low Sensory Shows are Saturdays at 2pm

brave enough to come up to the lab....? join us for 11pm showtimes on Oct. 11 and Oct. 18 for a very special time...

CentreStage Theatre

The Woman in Black by Stephen Mallatratt
Adapted from the novel by Susan Hill

Fridays and Saturdays at 7p.m.,

Matinees Oct. 5, 12, & 18 at 2p.m.

Adults- \$18, Students & Seniors- \$15

Reservations: 902-678-8040,

Information: 902-678-3502

Payment at the door using cash, debit or credit card.

ARTSPLACE Gallery

Running now until October 25th:

Revelations by Stephanie Kossmann

Table Talk by Susan Tileston, Susan Tooke, Ray Mackie, and Tim Wilson

The Waters Meet by Melissa Tremblett and Nicloe Travers

396 St. George Street, Annapolis Royal, NS

For more information please contact:

admin@arcac.ca (902) 532-7069

Witch Walk

October 25th, 4pm

Macdonald Museum,

21 School St., Middleton

Double, double, toil and trouble, fire burn and cauldron bubble! Dust off your hat and broom, cast your spells for fine weather, and join us for our 2nd annual Witch Walk. Keep an eye on our Facebook page and website for more details.

Garden Skelebration

Annapolis Royal Historic Gardens

Oct. 25–31 9:00am–5:00pm

(902) 532-7018 historicgardens.com

Join us for some Halloween inspired family fun.

Harvest Gallery

Harvest Gallery is pleased to present *Under One Roof*, a new engaging exhibition by Nova Scotia based artist Shelley Mansel, on view until October 5th, 2025. An opening reception will take place on Saturday, September 13th, from 1–3 PM on the gallery's lower level. Join us in celebrating this new body of work meet, the artist, and enjoy light refreshments.

Under One Roof is a series of double exposure paintings that entwine the architecture of human dwelling with the vastness of natural surroundings. In these works, houses dissolve into sea, sky, and land—fragile structures suspended within environments that both shelter and threaten. Beneath the surface, blueprint textures emerge, echoing the bones of design and the impermanence of what we build. This body of work is a two-part invention, a meditation on dualities: presence and absence, permanence and dissolution, the human-made and the elemental. Like a fugue, the images fold into themselves, repeating and transforming, revealing how closely our lives are bound to the shifting ground of the natural world.

Under One Roof resists the idea of individualism. As climate events grow increasingly severe, the notion of separate homes, separate fates, becomes unsustainable. We are bound to one another, and to the environments we inhabit. The house becomes not just a structure, but a metaphor—an emblem of both vulnerability and belonging.

“These paintings ask: how will we live when the boundaries blur, when home itself becomes fluid? To dwell responsibly in the world requires acknowledging that we are all living within one fragile shelter—our shared earth.” - Shelley Mansel

Shelley Mansel has been painting since 1993. Originally from British Columbia's Lower Mainland, she studied at the University College of the Fraser Valley before completing her BFA at NSCAD University in Halifax. Her work has been exhibited in Halifax, Toronto, Vancouver, Whistler, and Maine, and featured in *House & Home*, HGTV, and CBC's *Sharing the View* calendar. She has self-published two books and is included in *From Land and Sea: Nova Scotia's Contemporary Landscape Artists*. Her paintings are in private and public collections across Canada, the U.S., and Europe. She currently lives and works in Upper Musquodoboit, in the rural countryside of Nova Scotia.

For more information, visit www.harvestgallery.ca @harvestgallery on Instagram or @harvestgallerywolfville on Facebook or email harvestgallery@gmail.com.

gaspereaugazette@gmail.com 902-542-4309

Wolfville Lions Club

Older Adult Fitness

\$5 drop in or \$45 for a 10-class punch pass

Lions Club

36 Elm Avenue

Wolfville, Nova Scotia

wolfvillelionsclub@hotmail.com

902-542-4508

West Brooklyn Hall

***Well-Come Wednesdays** feature hot lunch (soup & bun); gentle chair exercise; and music. If you are 55+ or would just like to participate, drop in and join the fun! \$7

410 West Brooklyn Mountain Road

West Brooklyn, Nova Scotia

j.r.legge17@gmail.com

902-385-5426

Morning Play Group

A relaxed and unstructured time for caregivers to enjoy social time around a cup of coffee, while their little ones enjoy supervised play nearby. Open to anyone who would like to come — with or without any church affiliation. The program is free and is aimed for children ages 0-5.

pereauxbaptistchurch@gmail.com

902-698-9584

30 Main Street

Kingsport, Nova Scotia

Thursday night is **BINGO NIGHT!**

10 rounds: 5 regular rounds and 5 speed rounds. Come out for fun night and B-4 you know it, you may win some prizes!

Free admission.

Paddy's Pub, Main St., Wolfville

Horton Craft Fair

October 18th starting at 9:00 a.m.

The **Windsor Pumpkin Festival** celebrates the agriculture, cuisine and culture of the fall season and builds upon the region's existing assets: u-picks, farms, the Pumpkin Weigh Off, the Children's Wish Parade and the Great Pumpkin Regatta, among other great fall activities.

Thanksgiving weekend

<http://valleytourism.ca/travel-directory/3015-2/>

<http://gaspereaugazette.wix.com/gaspereau-gazette>



Aunt May's Diary

Oct. 3, 1935 - Picked some apples last three days. Alice and Doris called.

Isnor came and finished painting top of buildings and fixed kitchen tap.

Otis called tonight and told of how his house took fire and broke out three different times. Night morning and afternoon. Smoldering in the wall.

Oct. 6, 1935 - Sunday. Put up lunch and went with Doris to Pentecostal Church this afternoon to hear Evangelist Latimer and his wife. Also, Brother Chesley and musically gifted son. After church took our lunch to Hell's Gates. Leaves very pretty now.

Had to go back at night to rescue my eye glass case and heard the evening service. Picked up by cars coming and going.

Oct. 7, 1935 - Cold. Picked few apples. Had Lib and son here yesterday

Oct. 8, 1935 - Cassie called.

Went to Flo's to telephone tonight and hear that she also was looking for me to go with her to Pentecostal Church. Missed a chance to go, too bad.

Also, Blanche Allen intended to call.
Italy had begun war on Ethiopia.

Oct. 9, 1935 - Lovely day. Finished golden russets.

Took basket of grapes to Miners tonight.

Having hard time to keep Coldwell's pigs from straying. Ha, Ha!

Oct. 10, 1935 - Another beautiful day.

Load of sawdust arrived.

Finished picking Russets.

Getting ready to go to Lib's when Alice arrived to take me to town. Went with her and them to Elizabeth's. Took the quilt.

Lib is busy going to music lessons. Stayed until the moonlight and picked up by Eva and Owen Gertridge.

Oct. 11, 1935 - Fine today.

Gave my room a thorough once over and found a few missing articles and re-discovered others I had forgotten.

Took another basket of grapes to Miner's to-

night. Lovely moonlit night.

Oct. 13, 1935 - Sunday.

Went to church today.

Bruce and Alice here to dinner. Very happy those two.

Mrs. E. Kennie called on me last night. Writing to Mrs. Burp tonight.

Oct. 19, 1935 - Busy about all the week with the apples and getting ready my annual Thanksgiving offering to the minister.

Went to Alice's, Blanche's and A. Smith's this week visiting. Got a promise of seeing him tonight, but he has not arrived.

Otis Eagles called tonight. Also, Bruce and Alice and Cyril on way to town.

Hear Randy (Gertridge) and Mabel are married.

Oct. 20, 1935 - Sunday. Went to church in the morning. Doris and Pearl came in to dinner.

Found Franklyn and Brooks and dog waiting for me.

Doris went away, but kids stayed the afternoon. Doris back to tea.

Oct. 22, 1935 - Finished picking apples.

Saw Delia Baker. Weather very warm.

Oct. 23, 1935 - Gathering roots and drop apples and tubers and bulbs.

Cassie and Delia called and I am invited to Cassie's tomorrow to Thanksgiving dinner.

Weather very warm.

Oct. 24, 1935 - Worked outside until half past eleven and then hustled. Took a bath.

Called Florence and delivered hops and sage. Had a pleasant time.

Called on way back at PJ Gertridge's. Hear Warren is the proud father of a baby girl.

Oct. 25, 1935 - Still doing odd jobs outside.

Oct. 26, 1935 - Put up stovepipe in living room, fixed organ keys, and hundreds of other jobs.

Weather colder.

Oct. 27, 1935 - Sunday.

Went to church this morning. Rather busy.

After went to see if Florence would come down, but she has a cold and is tired out.

-Submitted by Zelda Weatherbee

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or \$105 for 4 month

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**Please note: the deadline is always
the 12th day of the previous month.**

902-542-4309

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at the following locations:**

White Rock Community Centre

Avery's Farm Market (Greenwich)

Stirling Farm Markets (Greenwich)

The Real Scoop

Wolfville Ridge Baptist Church

Just Us Coffee (Hortonville)

Reid's Meats

Gaspereau Valley Fibres

Gaspereau Baptist Church

Dabro Farms Market

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Eastern Kings Memorial Health Foundation

"Supporting healthier communities through giving".

Call for Grant Applications

The EKM Health Foundation invites grant applications
from non-profit groups for funding of
**health-related projects that will benefit
the population of Eastern Kings County.**

Eligibility information and application forms
may be viewed online at

www.ekmhealthfoundation.ca

A charitable tax number is required for all eligible grants.
Typed applications are preferred.

Inquiries please e-mail: foundation-ekm@nshealth.ca

Applications **must be received via E-MAIL (as shown above)**
no later than midnight on Thursday, October 31, 2025
in order to be eligible for review.

Proposals of \$15,000 or under are encouraged.

\$4.0 Million Granted...

...to health-related projects in
Eastern Kings County since 1997

Gaspereau – White Rock Surrounding Communities

HALLOWEEN Community Event

Friday, October 31 from 5pm-8pm

White Rock Community Hall

Several Family Trunk or Treat

Stop by the White Rock Hall for Treats

Gaspereau Church Holy Ghost

Family Friendly Ghost Decorated Open House

Games, Craft – Everyone can ring the steeple bell

Treat Bags found behind the church in the Prayer Garden

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Must be accompanied by an adult

